

Current Client Fee Schedule

*** There is a 3% service charge for credit card processing.**

Individual and Group Nutrition Consultations and Wellness Services

New Client Session (Medical Nutrition Therapy and Weight Reduction)

Initial Visit - \$265.00 (2 hours)

Individual Follow-Up

60 minutes - \$130.00

30 minutes - \$ 70.00

Phone Consults

Phone consult fee schedule is the same as above.

New Family Consultations (2-4 family members)

Initial Visit - \$340.00 (2 hours)

Follow-up Visit - \$170.00 (60 minutes)

Family Follow-up

45 minutes- \$130.00

30 minutes - \$ 90.00

Nutrition, Medical Nutrition Therapy, and Lifestyle Coaching Packages

(Providing a **reduced** rate to clients ready to commit to a healthier diet and lifestyle)

Initial Visit (2 hours) + 3 Follow-Up Visits (30 minutes each) \$395.00
(\$69.00 savings)

2 Follow-up Visits (30 minutes) \$125.00
(\$11.00 savings)

4 Follow-up Visits (30 minutes each) \$245.00
(\$27.00 savings)

6 Follow-up Visits (30 minutes each) \$325.00
(\$83.00 savings)

Nutrition Basics Appointment

Confused about what to be eating? Here is your opportunity to have a private nutrition coaching session. No food guide pyramid topics here, just current facts about healthy eating and how to make it work with your own busy lifestyle. This appointment is perfect for all ages from children to older adults.

60 minutes - \$135.00

60 minutes - \$172.00 (2 family members)

Age Management Consultation

Have your food intake computer analyzed for a 3-day period and find out which foods to eat for healthier aging. When appropriate, nutritional supplement use is also discussed.

75 minutes - \$190.00

Dietary Supplement Evaluation

Bring in your current supplements and your questions! This consultation will help you clarify what may be helping you or harming you. This 45 minute session can help you make better and safer supplement selections and in the long run save you money!

45 minutes - \$ 120.00

Other Services**-Corporate Wellness Programs**

Rates vary. Please call to discuss your corporate requirements and a quote will be provided.

-Speaking Engagements

Rates vary for corporate presentations. Please call to indicate your topic of interest and date you require a speaker.